

ADULT IMMUNIZATIONS

As recommended by the American College of Physicians

<i>Vaccination</i>	<i>Recommended for:</i>	<i>Frequency</i>	<i>Insurance coverage</i>
Tetanus, Diptheria, Pertussis	All	1 dose every 10 years or after exposure	Usually
Influenza	All, especially those with chronic illness or are 50 or older	1 dose every year	Usually
Pneumococcal	Those with chronic medical problems or are 65 or older	1-2 doses (0,5 years)	Yes
Zoster (Shingles)	Those who are 60 years or older	1 dose	Sometimes
Hepatitis A	Those with chronic liver disease or at risk of exposure	2 doses (0,6 months)	Rarely
Hepatitis B	Those with chronic liver disease or at risk of exposure	3 doses (0,1,6 months)	Rarely
Human Papillomavirus	Women up to age 26	3 doses (0,2,6 months)	Rarely
Meningococcal	Those up to age 55 who are students living in dorms, military recruits or people without spleens	1 dose (booster in 3-5 years if indicating condition continues)	Sometimes
Measels, Mumps, Rubella	Those born after 1956	1-2 doses	No
Varicella (Chicken Pox)	All who have not had the disease	2 doses (0,1 month)	No

Tetanus (Lock Jaw)- Is a serious disease caused by bacteria when it enters the skin through cuts or wounds.

Diphtheria - Is a respiratory infection caused by bacteria spread from person to person through the air.

Pertussis (Whooping Cough) - Is a respiratory infection caused by bacteria spread from person to person through the air.

- Vaccination with Tetanus/ Diptheria costs ~\$32; Tetanus/ Diptheria/ Pertussis costs ~\$70.

Influenza (Flu) - Is a viral respiratory infection spread from person to person through the air.

Pneumococcus (Pneumonia) - Bacterial infection that can cause serious infection of the lungs, blood or brain.

- Vaccination costs ~ \$52

Zoster (Shingles) - Is a painful blistering rash caused by reactivation of the chicken pox virus.

- Vaccination costs ~ \$305.

Hepatitis A - Viral liver infection that is usually self limiting. Spread by items contaminated with infected stool.

- Vaccination Series costs ~ \$182

Hepatitis B - Viral liver infection that often becomes chronic. Spread by exposure to infected blood or body fluids including sexual contact.

- Vaccination series costs ~ \$270

Human Papillomavirus (genital warts) - Viral infection of genitals. Spread by sexual contact. Infection increases a women's risk of cervical cancer.

- Vaccination series costs ~ \$720

Meningococcal (Meningitis) - Serious bacteria infection of the brain. Spread person to person.

- Vaccination cost ~ \$184

Measels - Viral illness causing a rash and cough. Spread person to person through the air.

Mumps - Viral illness causing fever, headache and swollen glands. Spread person to person through the air.

Rubella - Viral illness causing a rash, mild fever and joint pain. Spread person to person through the air.

- Measels, Mumps & Rubella Vaccination is a 3 in one shot and costs ~\$73 dollars per shot.

Varicella (ChickenPox) - Common childhood viral illness causing rash, fever and fatigue. Spread from person to person through the air or by contact with the fluid from the rash.

- Vaccination series costs ~ \$216